



# Richmond Clinical Commissioning Group

Annual General Meeting  
23 September 2019

# Welcome

Dr Graham Lewis, Chair of Richmond CCG

# Housekeeping



**Please  
Turn off Your  
Mobile Phones**

# Agenda



**Richmond**  
Clinical Commissioning Group

No.	Time	Item	Lead
1.	5.30pm – 5.40pm	Introductions and Richmond background and performance	Dr Graham Lewis, Chair of Richmond CCG
2.	5.40pm – 5.50pm	Finances and annual accounts for 2018/19	Liam Bayly, Head of Finance, Kingston and Richmond CCGs
3.	5.50pm - 6pm	Review of the year	Sarah Blow, Accountable Officer, Richmond CCG (part of the NHS South West London Alliance)
4.	6pm - 6.15pm	Richmond's Health and Care Plan	Tonia Michaelides, Managing Director, Kingston and Richmond CCGs
5.	6.15pm – 6.30pm	Nurturing compassionate communities in Richmond	Dr Catherine Millington-Sanders Richmond and Kingston End of Life Care Steering Group Chair  Zoe Byrne, Princess Alice Hospice
6.	6.30pm - 7pm	Question & answer session	Dr Graham Lewis, Chair of Richmond CCG

working together – a healthier Richmond for everyone

# The Richmond story

Resident Population  
**194,730**



Life expectancy at birth:

**82 years**  
for men  
(1.8 years greater  
than London)



**85.4 years**  
for women  
(1.3 years greater  
than London)

International Sporting Events:

Autumn International Rugby  
Fixtures, Twickenham Six Nations,  
Twickenham largest dedicated  
rugby union venue in the World, with  
a capacity of



**82,000**

Employment  
**80%**

working-age adults are in employment  
the highest rate in London



Heritage sites:  
Hampton Court Palace, Richmond Park, Kew  
Gardens, Bushy Park - approximately

**4.5 million visitors**  
from across the world every year.



**12** libraries with  
a variety of  
services, events  
and support  
sessions

**49%**

volunteer  
highest rate in London (26%)



Education

A borough with some of the  
highest performing primary  
and secondary schools in the  
country



Community Safety

**4<sup>th</sup>** out of **32**

for crime overall  
Safest borough for violent crime



Open spaces  
**40%** of the  
area of the Borough



**100+**  
parks



**21 miles**  
of river frontage



**23,000**  
bike journeys per day in the borough  
2nd out of 33 in London

## Start well

Lower levels of children receiving **MMR1 immunisation** by the age of two compared to England (78% vs. 92%).



Over **10,000 A&E attendances** for under 5 year-olds – significantly higher than both the England and London averages



**16%** point gap in achieving a 'good' level of development in reception between children eligible for free school meals and those not

Prevalence of obesity more than

**doubles**



between reception and year 6

**61%** of 15 year-olds in Richmond are sedentary for over 7 hours per day

## Highest in London

for 15-year-olds **drunk** in the previous month (25%), tried **smoking tobacco** (36%) and cannabis (19%) and **multiple risky behaviours** (22%)



**4<sup>th</sup>** The average **mental wellbeing score** for 15 year-olds in Richmond is the **fourth worst** in London

**Third highest rate** of hospital admissions for **self-harm** in 10-24 year-olds in London



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## Live well

**18,000**

adults are estimated to smoke



**35%**



of adults drink more than the recommended 14 units of alcohol a week

**22,000**

people have a common mental disorder, such as depression and anxiety.



**1,000**

Approximately 1,000 incidents of domestic abuse in 2016

Nearly one in ten has

**three or more**

long term conditions



An estimated

**15,800**

people provide some level of **unpaid care**



7% increase in the number of

**rough sleepers**

between 2014/15 and 2016/17

## Age Well



# 28,900 to 43,100

- the projected increase in number of over 65 year-olds between 2015 and 2035 (almost 50%)

## 2,072

Richmond residents are estimated to have dementia



## 50%

of over 75 year-olds live alone



The average age older people start to receive

## council-funded social care

at home is **84**, and **87** for people in care homes



An average of 4 emergency hospital admissions in the last year of life for those

## aged 85 years

and over; and who died in hospital

# Performance in 2018/19

- Richmond CCG rated as 'good' in NHS England's end of year Improvement and Assessment Framework.
- For 2018/19, Richmond CCG achieved these ratings against the following clinical priorities:

Dementia	Outstanding
Diabetes	Good
Learning Disabilities	Requires Improvement
Mental Health	Good

# Performance continued.....

- Cancer – most waiting time targets have been met. The 62 day treatment (screening referral) target and the 31 day (subsequent surgery) targets were missed, although we are seeing an improvement in 2019-20
- The 6 week diagnostics target was met
- Dementia diagnosis rate target of 66.7% was met
- All of the targets for access to psychological therapies were met for 2018/19
- The Friends and Family Test surveys show excellent outcomes reported for patients in inpatient, outpatient, community care, A&E and maternity services.

# Key areas for improvement

- Richmond CCG will continue to work with Kingston Hospital and around the whole health and social care system to recover the A&E 95% target of arrival to admission, transfer or discharge
- The CCG will work to increase the number of people with learning disabilities and those with a serious mental illness to receive annual health checks
- The CCG will support the mental health provider to increase the proportions of people with long term health conditions, older people and people from black and minority ethnic communities accessing psychological therapies in line with best practice

# Finance and annual accounts 2018/19

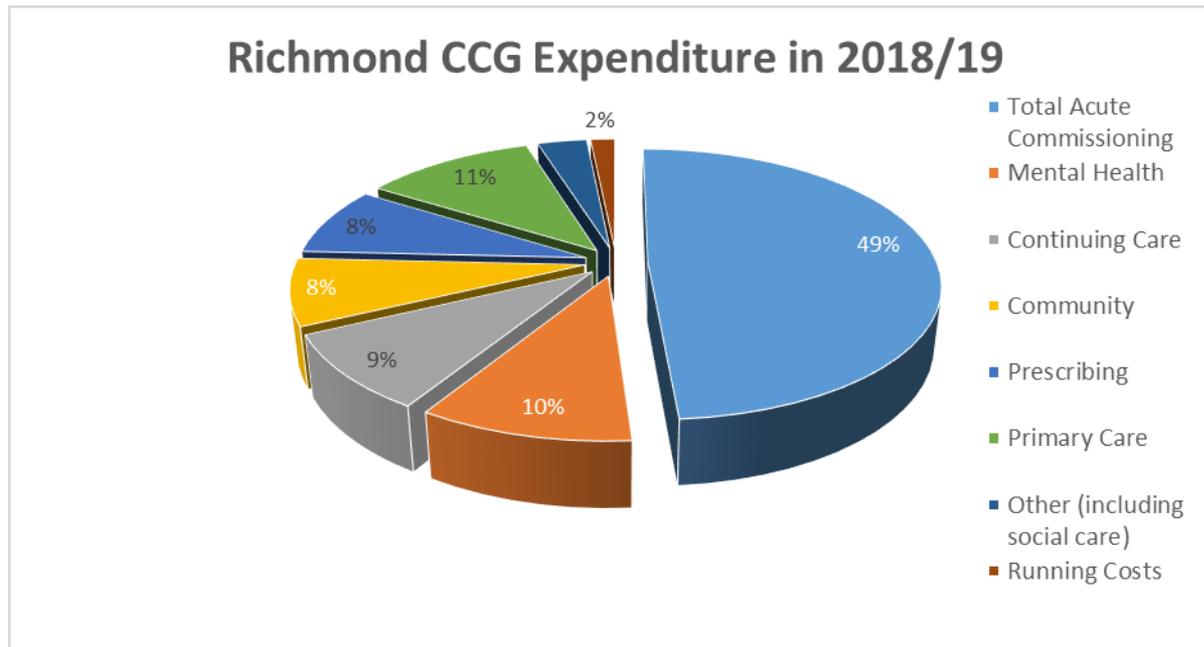
**Liam Bayly**

Head of Finance

Kingston and Richmond CCGs

# How much do we spend and what do we spend it on?

Richmond CCG was allocated a total of £272.5m to spend in 2018/19 and incurred £276.4m, giving a reported deficit of £3.9m



# 2018/19 overview



Richmond

Clinical Commissioning Group

- 2018/19 was another financially challenging year, and was year 3 of a 4 year financial recovery plan
- While we reported a £3.9m deficit we improved on the financial position compared to 2017/18, and achieved savings in year of £12.1m. We also met our running cost targets
- The annual report and accounts were submitted on time and received an unqualified audit opinion on the financial statements
- The deficit is the result of higher than planned spend on acute hospital contracts, mental health expenditure and continuing healthcare contracts (packages of care for people who have significant ongoing healthcare needs, to cover 100% of care costs)

# Financial recovery plan

- We have been working as part of the South West London Alliance with our partners Kingston, Sutton, Merton and Wandsworth CCGs for two years now, sharing expertise and making more efficient use of resources
- Richmond and Kingston CCGs have also been working together during this time as a local delivery unit within the Alliance
- Health and care organisations across south west London have formed local (borough) partnerships to develop local health and care plans that identify priority areas for improvement across each borough
- Currently reporting to achieve the plan of a £0.1m surplus in 2019/20, requires further savings of £14.1m in year

# Summary of achievements 2018/19

Sarah Blow, Accountable Officer for Richmond CCG  
(part of the NHS South West London Alliance)

# Primary care

- Primary care services across the borough **8am-8pm, 7 days a week**
- **Connecting your Care** - single secure system where GPs, hospital doctors, nurses and social workers can access patient records from other health and care organisations across south west London to help make the best decisions about the care they provide for patients
- **Primary Care Networks** - groups of GP practices working more closely together with other primary and community care staff and health and care organisations, providing integrated services to their local populations (there are 6 in Richmond, led by a clinical director)

# Children and young people's mental health and wellbeing

The CCG is working with partners across SW London to improve mental health for children and young people through a **'whole school approach.'**

This new way of working was initially piloted in a small number of schools across Richmond, led by Christ's School – with a view to all schools being included

In addition to £1.85m last year, we received an additional £4.3m of national funding in September 2019 which will enable the rollout of additional teams for schools and further education colleges

We are also putting in place new online services for secondary school pupils and providing mental health first aid training for teachers. We have engaged with schools in Richmond to develop these online services

A course for parents called Empowering Parents Empowering Communities will also be introduced towards the end of 2019

# Neuro-developmental assessments for children and young people

We piloted a new **local specialist assessment clinic** for children and young people aged 6-18 years with suspected autism (without complex co-morbid problems, such as additional physical and / or mental health problems)

The service was delivered by Richmond Council's Achieving for Children team and was successful in delivering 73 local assessments with **an average wait time of 2–4 weeks**. Feedback from children, young people and their families has been positive.

This pilot service will now be commissioned on a longer term in Richmond

# Adult mental health services

## Richmond wellbeing service

In 2018/19, the service delivered a recovery rate of 55.7%, which is above the national target of 50%. Building on a previous pilot, the service has continued to develop targeted psychological wellbeing interventions for people with long term conditions. This is contributing to an overall improvement in the care for people with conditions such as diabetes, chronic obstructive pulmonary disease (COPD) and medically unexplained symptoms (MUS).

## Annual physical health checks for people with serious mental illness

In Richmond, a locally commissioned service with GP practices has ensured that annual physical health checks are carried out for patients on serious mental illness registers, achieving the national target of 60% of this group

# Improving care for people with musculoskeletal conditions

We expanded our **single point of triage** for patients with musculoskeletal conditions, which is helping to ensure that patients are directed to the correct practitioner for their condition more quickly. This year an additional 2,500 referrals were managed through the single point of access

We are also piloting practitioner services in primary care. In these services, patients contacting practices are offered the choice of a consultation with an extended scope physiotherapist instead of the GP

Patients in Richmond can now also self refer to a physiotherapist for MSK issues

# Cancer care in Richmond

Richmond has seen an **increase in screening coverage** across all three of the national screening programmes this year (bowel, breast and cervical)

We have participated in **programmes to increase the uptake of bowel and cervical** screening in the borough. We have seen an additional 300 bowel screening kits used this year as a result of the programme and continue to send text reminders for cervical screening.

Across south west London we have been developing **enhanced support for prostate cancer patients** in primary care including annual reviews and prostate-specific antigen (PSA) monitoring.

This service will enable more men to receive the care they need closer to home

# Proposal to merge SWL CCGs

- The six CCGs in south west London have been working together for over a year on new developments
- Earlier this year the governing bodies of the six south London CCGs all agreed to potentially merge into a single CCG for south west London
- To deliver the ambitions of the NHS Long Term Plan we need to free up resource so we can invest in the community and mental health services and in new developments such as Primary Care Networks
- We are discussing the proposed merger at governing body meetings and with our membership and a decision is expected later this year
- We are also engaging with staff, local authorities, provider trusts, the voluntary sector, Healthwatch and other stakeholders

# Richmond Health and Care Plan

Tonia Michaelides, Managing Director

Richmond and Kingston CCGs

During the year health and care partners have worked together with local people, to agree the Kingston Health and Care Plan

The plan describes our shared actions to address the local health and care challenges we face

## [A short film about our health and care plan](#)

# Questions and answers

## Panel members

- Dr Graham Lewis, Chair of Richmond CCG
- Liam Bayly, Head of Finance, Kingston and Richmond CCGs
- Sarah Blow, Accountable Officer for Richmond CCG  
(part of the NHS South West London Alliance)
- Tonia Michaelides, Managing Director of Kingston and Richmond CCGs